



WELLNESS LUXURY HOTEL

— **DETOX** DETOX AT LILY —

**PROGRAM
RESET 14 DAYS**



PROGRAM RESET 14 DAYS

7 400€

HEALTH & DIET

Initial evaluation and creation of a personalized program
2 consultations with an osteopath
Full board with personalized menus
Final evaluation and lifestyle & diet recommendations

SPORT

1h30 hours of sport every day, (choose from 40 weekly different lessons)
or yoga and relaxation sessions
7 privates coachings sessions, indoor or outdoor
1 local discovery activities (local markets, vineyard visits,...)

EXPERT TREATMENTS

1 BioparHom analysis
1 SKIN INSTANT LAB skin diagnosis
5 INDIBA detox and slimming radiofrequency treatments
6 pressotherapy sessions to reduce cellulite and water retention
1 HydraFacial treatment

WELLNESS TREATMENTS

1 Lily Detox signature Ritual to eliminate toxins
1 Lily Timeless signature treatment to eliminate signs of aging
3 personalized massages
4 energizings/ayurvedics massages
4 slimming, detoxifying and draining treatments
1 personnalized detox treatment of the scalp
1 Biologique Recherche face treatment
1 repair manicure or pedicure

Traveller Made
Hotel Partner

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OF THE WORLD