



WELLNESS LUXURY HOTEL

— DETOX DETOX AT LILY —

PROGRAM
REBORN 28 DAYS



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14 500€

HEALTH & DIET

Initial evaluation and creation of a personalized program
2 consultations with an osteopath
Full board with personalized menus
Final evaluation and lifestyle & diet recommendations

SPORT

2 hours of sport every day, (choose from 40 weekly different lessons)
or yoga and relaxation sessions
14 private coaching lesson sessions, indoor or outdoor
3 local discovery activities (local markets, vineyard visits,...)

EXPERT TREATMENTS

2 BioparHom analysis
2 SKIN INSTANT LAB skin diagnosis
10 INDIBA detox and slimming radiofrequency treatments
12 pressotherapy sessions to reduce cellulite and water retention
2 HydraFacial treatments

WELLNESS TREATMENTS

2 Lily Detox signature Rituals to eliminate toxins
1 Lily Timeless signature treatment to eliminate signs of aging
8 personalized massages
8 energizing/ayredic treatments
7 slimming, detoxifying and draining treatments
2 detox treatments of the scalp
3 Biologique Recherche face treatments
1 repair manicure or pedicure

Traveller Made
Hotel Partner

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THE LEADING HOTELS
OF THE WORLD