



WELLNESS LUXURY HOTEL

DETOX

DETOX AT LILY

PROGRAM
REBOOT 7 DAYS



PROGRAM REBOOT 7 DAYS

3 700€

HEALTH & DIET

Initial evaluation and creation of a personalized program
1 consultation with an osteopath
Full board with personalized menus
Final evaluation and lifestyle & diet recommendations

SPORT

1h30 hours of sport every day, (choose from 40 weekly different lessons)
or yoga and relaxation sessions
3 privates coachings sessions, indoor or outdoor

EXPERT TREATMENTS

1 BioparHom analysis
1 SKIN INSTANT LAB skin diagnosis
1 INDIBA slimming radiofrequency treatment
1 INDIBA detox radiofrequency treatment
3 pressotherapy sessions to reduce cellulite and water retention
1 HydraFacial treatment

WELLNESS TREATMENTS

1 Lily Detox signature Ritual to eliminate toxins
1 personalized massage
2 energizing/Ayurvedic massages
1 detoxifying exfoliating treatment
1 regenerating body wrap
1 slimming booster treatment
1 Biologique Recherche face treatment
1 detox treatment of the scalp
1 repair manicure and pedicure

Traveller Made
Hotel Partner

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FINE HOTELS & RESORTS

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THE LEADING HOTELS
OF THE WORLD