LILY OF THE VALLEY

WELLNESS LUXURY HOTEL

MASTERCLASS KIMAI X LILY OF THE VALLEY

MOVE, RESET, SHINE: THE ART OF LIVING INTENTIONALLY

FROM 4TH TO 7TH MARCH 2027



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Luxury is not something to save for special occasion. It is found in the choices we make every day: how we move, how we care for ourselves, what we wear. For four days on the Mediterranean, the founders of Kimai, Pilates coach Drew Mayberry and Lily of the Valley invite you to slow down and make choices with intention, guided by a shared commitment to sustainability and respect for the environment. A retreat for active women who want a luxury that fits the life they actually live. A small group, three experts and a few surprises along the way: four days that are entirely yours.

KIMAI

Kimai is a jewellery house fonded in London in 2018 with its roots in Antwerp. Every piece is made with traceable lab-grown diamonds and 100% recycled 18k gold, crafted in the brand's in-house atelier. The idea is simple: fine jewellery that is beautiful, transparent and responsible, and designed to be worn every day, with denim, at work, at Pilates, rather than kept for special occasions. Pieces to live in and to style your own way, made to move with you.

PILATES, WORKSHOPS & TREATMENTS

Each morning, Drew Mayberry, the sought-after Pilates instructor behind Body, leads an intimate small-group session, exploring the connection between movement and well-being. A colour analysis workshop led by Sophia Bassé introduces guests to the principles of colourimetry, helping them understand how colours interact with their natural features and influence their personal style.

SPORT, TREATMENT & GASTRONOMY

Set against the Mediterranean Sea, this masterclass offers the perfect opportunity to take time for yourself. Chef Vincent Maillard will present a refined, seasonal cuisine designed to be shared around a communal table, encouraging conviviality and exchange. A facial treatment will enhance your wellness journey while access to the Nordic circuit with its sauna, hammam, and cold plunge will complete this revitalizing experience after the sports session.

The rate includes accommodation, full board (excluding alcoholic beverages), sports classes, one facial treatment and workshops. Transportation and transfers to the hotel are at your own expense.

Tél +33 (0)4.22.73.22.00 - reservations@lilyofthevalley.com - lilyofthevalley.com

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DAY 1

Participants' arrival in the morning
1:00 PM - Welcome lunch at Vista restaurant
3:00 PM - Free time
5:00 PM - Mat Pilates with Drew Mayberry
6:00 PM - Facial treatment
8:00 PM - Dinner at Vista restaurant

DAY 2

7:00 AM - Light breakfast
9:00 AM - Mat Pilates with Drew Mayberry
11:00 AM - Trekking
1:00 PM - Lunch at Vista restaurant
4:00 PM - Reformer with Drew Mayberry
7:30 PM - Dinner at Vista restaurant

DAY 3

7:00 AM - Breakfast
8:00 AM - Mat Pilates with Drew Mayberry
11:00 AM - Colour session with Sophia Bassé
1:30 PM - Lunch at La Brigantine restaurant
6:00 PM - Sound healing session
8:00 PM - Dinner at Vista restaurant

DAY 4

8:00 AM - Breakfast
9:00 AM - Sea-wading
12:00 PM - Farewell lunch at Vista restaurant

This provisional program will be tailored to each participant.

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JESSICA WARCH & SIDNEY NEUHAUS

Co-founders of Kimai

Childhood friends from Antwerp, raised in families of the diamond trade, Jessica Warch and Sidney Neuhaus founded Kimai in London in 2018. Their jewellery is made with traceable lab-grown diamonds and 100% recycled 18k gold. The brand shows that fine jewellery can be beautiful, transparent and responsible with pieces made to be worn every day and chosen with intention. Each piece is crafted by an in-house atelier in Antwerp, where traditional savoir-faire meets a fresh perspective.

DREW MAYBERRY

Pilates coach and founder of Body

Meet Drew Mayberry, one of London most sought-after Pilates coaches and founder of Body. As an American in London she has built a community of women who come for the movement and shay for the people, from expats to Londoners. Her classes are deliberately small so that every woman is seen, guided and corrected and real connections are made in the room.

SOPHIA BASSÉ

Stylist and colours analysis expert

For over seven years, Sophia has been helping women and men discover their ideal colour palette and develop their personal style. Through a personalised and educational approach, she identifies the shades that enhance natural features and bring out each individual's personality.

INFOS

CONTACT

lilyofthevalley.com

+33 (0)4.22.73.22.00

reservations@lilyofthevalley.com

ACCESS

Hôtel Lily of the Valley

Presqu'Île de Saint-Tropez

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